

# January 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <b>Closed</b>	2
3	4 Class: VIRTUAL Basic Training @8:30am Located: Zoom Meeting	5 Testing VIRTUAL	6	7 Class: Basic Skills Practice @ 8:30am Located: Skills Lab Internal Class 1 @ 8:30am	8 Internal Class 2 @ 8:30am	9 Class: NAC Bridge @8:30am Located: Classroom
10 Class: NAC Bridge @8:30am Located: Skills Lab	11 Class: NAC Bridge @5:30am Located: Clinical Site Class: Basic Training @ 8:30am Located: Classroom BBP @ 1pm / CPR @ 2pm	12 Testing VIRTUAL	13	14 Class: Dementia @ 8:30am Located: Classroom	15 Class: Mental Health @ 8:30am Located: Classroom	16
17	18 <b>Closed</b>	19 Class: Basic Skills Practice @8:30am Located: Skills Lab	20	21 Class: NAC Bridge @2pm Located: Classroom	22 Testing in-person @ 10am Class: NAC Bridge @2pm Located: Skills Lab	23 Class: NAC Bridge @ 1:30pm Located: Clinical Site
24	25 Internal Class 1 @ 8:30am	26 Testing in-person @ 10am BBP @ 1pm / CPR @ 2pm	27 Class: VIRTUAL Mental Health @ 8:30am Located: Zoom Meeting	28 Class: VIRTUAL Dementia @ 8:30am Located: Zoom Meeting	29 Internal Class 2 @ 8:30am	30
31						



## In-Person Class Info at a Glance

Class	Cost	Time	Info	Credit Types	Notes
<b>Basic Training</b>	\$280	<u>Day Session:</u> 8:30am-3pm + homework online <u>Virtual:</u> 8:30am-3pm + homework online	Combo of classroom & hands-on skills practice. Can be taken as 5 days in person, or hybrid w/ 3 days virtual & 2 in-person	-Basic Training 40 hour Cert.	- No additional supply costs - Can be taken 5 days in-person or 3 days virtual & 2 days in-person skills
<b>Mental Health Specialty</b>	\$85	<u>In-Person:</u> 8:30am-5pm w/ testing done at end of class <u>Virtual:</u> 8:30am-3pm + testing separately	1 day class which meets requirement for Caregiver or Manager in LTC Care settings.	-Mental Health 8 hr cert. -CE - Population Specific	- Student can purchase course book for \$15 - Enroll in 30 hours population specific at once for discounted bundle rate
<b>Dementia Specialty</b>	\$85	<u>In-Person:</u> 8:30am-5pm w/ testing done at end of class <u>Virtual:</u> 8:30am-3pm + testing separately	1 day class which meets requirement for Caregiver or Manager in LTC Care settings.	-Dementia Capable Caregiving 8 hr cert. -CE - Population Specific	- Student can purchase course book for \$15 - Enroll in 30 hours population specific at once for discounted bundle rate
<b>CPR, AED, &amp; First Aid</b>	\$85	Varies due to hybrid learning model. Average of 3-4 hrs.	1st: Online self-paced Modules 2nd: In-person skills	-Cert. card valid for 2 yrs - Can be counted toward 3 hours of CE	- Covers adults, infants, & kids for CPR - Meets job requirements for all caregiver roles as there is a hands-on component.
<b>B.B.P.</b>	\$30	1/2 hour to 45 minutes.	Blood Borne Pathogens	-Cert card -Meets job requirements	- Typically offered prior to CPR skills for convenience to complete both same day - Schedule individually OK too as space allows
<b>NAC Bridge</b>	\$465	<u>Day Session:</u> Day 1: 8:30am to 5pm Day 2: 8:30am to 5pm Day 3: 5:30am to 2pm <u>Evening Session:</u> Day 1: 2pm to 10pm Day 2: 2pm to 10pm Day 3: 1:30pm to 10pm	"Bridge" your HCA-C to an NAC by taking this fast-paced 3 day program. Includes 1 day classroom, 1 day lab, and 1 day clinical.	- 24 hour NAC Cert. - Can meet 12 hour CE requirement for year. . - Must pass State exam for NAC to receive credential	- Must have active HCA-C prior to enrollment - We recommend enrolling at least 1 month in advance for this class to meet requirement deadlines & prepare - Cost includes Books, required COVID testing, & PPE - Reach out to admin team for full list of requirements & more info
<b>Testing</b>	N/A	Varies based on exam taken Allow 30 to 45 min per exam	Self-study testing for Nurse Delegation Core & Diabetes, as well as Specialties	Varies by exam taken	- Testing is offered generally once a week - We offer testing both by zoom and in-person - Schedule with office for more details - This is NOT the State exam testing for HCA or NAC

Enroll online to: [www.sunrisecaregivertraining.com](http://www.sunrisecaregivertraining.com), by phone at 425-212-4210, or in-person. Email us at: [enrollment@sunriseemail.com](mailto:enrollment@sunriseemail.com)