

# December 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Internal Class 1 @ 8:30am	3 <b>Office Closes at 11am</b>	4
5	6 Class: Basic Training @8:30am5pm Located: Classroom/Skills Lab	7 Testing in-person @ 10am BBP @ 1pm / CPR @ 2pm	8 Class: NAC Bridge @8:30am5pm Located: Classroom Groups A & B	9 Class: NAC Bridge @8:30am5pm Located: Skills Lab Groups A & B Testing VIRTUAL	10 Class: NAC Bridge @5:30am-2pm Located: Clinical Site Group A Day Internal Class 2 @ 8:30am	11 Class: NAC Bridge @5:30am-2pm Located: Clinical Site Group B Day
12	13 Class: Basic Training @ 8:30am5pm Located: Classroom/Skills Lab	14 Testing in-person @ 10am	15	16 Testing VIRTUAL BBP @ 1pm / CPR @ 2pm	17 Class: Dementia @ 8:30am-5pm Located: Classroom	18 Class: Mental Health @ 8:30am5pm Located: Classroom
19	20 Internal Class 1 @ 8:30am	21 Internal Class 2 @ 8:30am Testing in-person @ 10am BBP @ 1pm / CPR @ 2pm	22	23 Testing VIRTUAL	24 <b>Office Closed</b>	25
26	27 <b>Office Closed</b>	28 Testing in-person @ 10am	29	30 Testing VIRTUAL BBP @ 1pm / CPR @ 2pm	31	



## In-Person Class Info at a Glance

Class	Cost	Time	Info	Credit Types	Notes
<b>Basic Training</b>	\$320	8:30am-5pm For 5 days	Combo of classroom & hands-on skills practice. Can be taken as 5 days in person, or hybrid w/ 3 days virtual & 2 in-person	-Basic Training 40 hour Cert.	- No additional supply costs - Can be taken 5 days in-person or 3 days virtual & 2 days in-person skills
<b>Mental Health Specialty</b>	\$85	<u>In-Person:</u> 8:30am-5pm w/ testing done at end of class <u>Virtual:</u> 8:30am-3pm + testing separately	1 day class which meets requirement for Caregiver or Manager in LTC Care settings.	-Mental Health 8 hr cert. -CE - Population Specific	- Student can purchase course book for \$15 - Enroll in 30 hours population specific at once for discounted bundle rate
<b>Dementia Specialty</b>	\$85	<u>In-Person:</u> 8:30am-5pm w/ testing done at end of class <u>Virtual:</u> 8:30am-3pm + testing separately	1 day class which meets requirement for Caregiver or Manager in LTC Care settings.	-Dementia Capable Caregiving 8 hr cert. -CE - Population Specific	- Student can purchase course book for \$15 - Enroll in 30 hours population specific at once for discounted bundle rate
<b>CPR, AED, &amp; First Aid</b>	\$85	Varies due to hybrid learning model. Average of 3-4 hrs.	1st: Online self-paced Modules 2nd: In-person skills	-Cert. card valid for 2 yrs - Can be counted toward 3 hours of CE	- Covers adults, infants, & kids for CPR - Meets job requirements for all caregiver roles as there is a hands-on component.
<b>B.B.P.</b>	\$30	1/2 hour to 45 minutes.	Blood Borne Pathogens	-Cert card -Meets job requirements	- Typically offered prior to CPR skills for convenience to complete both same day - Schedule individually OK too as space allows
<b>NAC Bridge</b>	\$475	Day 1: 8:30am to 5pm Day 2: 8:30am to 5pm Day 3: 5:30am to 2pm	"Bridge" your HCA-C to an NAC by taking this fast-paced 3 day program. Includes 1 day classroom, 1 day lab, and 1 day clinical.	- 24 hour NAC Cert. - Can meet 12 hour CE requirement for year. . - Must pass State exam for NAC to receive credential	- Must have active HCA-C prior to enrollment - We recommend enrolling at least 1 month in advance for this class to meet requirement deadlines & prepare - Price includes Books & Class - Required COVID testing & PPE Fee extra \$40 - Reach out to office for full list of requirements & more info
<b>Testing</b>	N/A	Varies based on exam taken Allow 30 to 45 min per exam	Self-study testing for Nurse Delegation Core & Diabetes, as well as Specialties	Varies by exam taken	- Testing is offered Tuesdays for In-Person - Virtual testing via zoom on Thursdays - Schedule with office for more details - This is NOT the State exam testing for HCA or NAC

Enroll online to: [www.sunrisecaregivertraining.com](http://www.sunrisecaregivertraining.com), by phone at 425-212-4210, or in-person. Email us at: [enrollment@sunriseemail.com](mailto:enrollment@sunriseemail.com)