

May 2022

Sunrise Training & Enrollment Center:

7016 Evergreen Way, Everett, WA, 98203
425-212-4210 / enrollment@sunriseemail.com
www.sunrisecaregivertraining.com

Typical office hours M-F from 8am to 4:30pm Enroll online, by phone, or in-person.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	Testing in-person @ 10am	3	4	5	6	7 Class: Mental Health @ 8:30am5pm Located: Classroom
8	7 Testing in-person @ 10am BBP @ 1pm / CPR @ 2pm	Internal Class 1 @ 8:30am	I I	ass: Basic Training @ 8:30am5 Located: Classroom/Skills Lab		Class: Diabetes Specialty @ 8:30am-5pm Located: Classroom
15	Testing in-person @ 10am Class: Skills Refresher Lab @ 1-3:30pm Located: Skills Lab	Internal Class 2 @ 8:30am	Class: Basic Train Located: Class	I 9 ing @8:30am5pm room/Skills Lab	20	Class: Dementia @ 8:30am-5pm Located: Classroom
22	Testing in-person @ 10am BBP @ 1pm / CPR @ 2pm	24 Internal Class 1 @ 8:30am	25	Class: NAC Bridge @8:30am5pm Located: Classroom Groups A & B	Class: NAC Bridge @8:30am5pm Located: Skills Lab Groups A & B	Class: NAC Bridge @5:30am-2pm Located: Clinical Site Group A Day
Class: NAC Bridge @5:30am-2pm Located: Clinical Site Group B Day	Office Closed	3 I Internal Class 2 @ 8:30am				



In-Person Class Info at a Glance

Class	\$	Time	Info	Credit Types	Notes
Basic Training	\$320	8:30am-5pm For 5 days	Combo of classroom & hands-on skills practice.	-Basic Training 40 hour Cert.	- Combination of hands-on time in skills lab and classroom learning - No additional supply costs
Specialty Topics	\$85/ each	8:30am-5pm w/ testing done at end of class	1 day class for EACH topic which meets requirement for Caregiver or Manager in LTC Care settings.	-8 hr Specialty Cert -CE - Population Specific	- Can purchase course book for \$15 - Topics include Mental Health, Dementia, Traumatic Brain Injury (TBI), & Diabetes
CPR, AED, & First Aid	\$85	Varies due to hybrid learning model. Average of 3-4 hrs.	1st: Online self-paced Modules 2nd: In-person skills	-Card valid for 2 yrs - Can be counted to- ward 3 hours of CE	- Covers adults, infants, & kids for CPR - Meets job requirements for all caregiver roles as there is a hands-on component.
B.B.P.	\$30	1/2 hour to 45 minutes.	Blood Borne Pathogens	-Cert card -Meets job require- ments	- Typically offered prior to CPR skills for convenience to complete both same day
NAC Bridge	\$475	Day 1: 8:30am to 5pm Day 2: 8:30am to 5pm Day 3: 5:30am to 2pm	"Bridge" your HCA-C to an NAC by taking this fast- paced 3 day program. Includes 1 day classroom, 1 day lab, & 1 day clinical.	- 24 hour NAC Cert Can meet 12 hour CE requirement for year Must pass State exam for NAC	- Requires active HCA-C prior to enrollment - Price includes Books & Class - Required COVID testing & PPE Fee extra \$40 during pandemic - See office or full list of requirements
HCA Skills Refresher Lab	\$25	9am-11:30am	9-10am: Instructor guided practice & help 10-11:30am: Independent practice time	-No cert given	- Great for students that want extra time preparing & practicing skills before HCA State exam
Testing	N/A	Allow 30—45 min per exam	For Nurse Delegation Core & Diabetes, as well as Spe- cialty retests	Varies by exam taken	- Must be scheduled in advance - This is NOT the State exam testing for HCA or NAC